

Comparison of Bolus Doses of Bronchodilator and Adrenergic on Intra-operative Hypotensive Episodes throughout Caesarean beneath Spinal Anesthesia

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Abstract

Background: The present study was designed to check the vasoconstrictive effects of bronchodilator and adrenergic in bettering cardiovascular disease in elective cesarean receiving crystalloid coloadung throughout intrathecal bupivacaine injection. **Material and Methods:** 30 patients were selected in present study. Once pre-anesthetic analysis and investigations, the patients were explained regarding the procedure. Cluster E were received blood vessel (IV) bronchodilator five mg and cluster P were received blood vessel (IV) adrenergic a hundred weight unit once there'll be fall in maternal pulse force per unit area (SBP) > 20% from the bottom line. **Results:** The two teams, i.e., cluster one and cluster a pair of matched with relation to their age, weight and height. Overall, 7/15 (46.66%) patients within the adrenergic cluster and 7/15 (46.66%) patients within the bronchodilator cluster had one or additional episode of cardiovascular disease and needed one or additional bolus of vasoconstrictive. Compared with the baseline values, the amendment in mean rate among completely different intervals were found to be non-vital at any given time interval ($p > 0.05$). **Conclusion:** We conclude from the current study that bronchodilator five mg and adrenergic a hundred μ g square measure equally economical in managing cardiovascular disease throughout spinal for cesarean.

Keywords: Bronchodilator; Adrenergic; Spinal Anesthesia; Cesarean Section.

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Introduction

Spinal anesthesia (SA) is today thought-about the quality anesthetic technique for elective cesarean.¹ However, cardiovascular disease is that the commonest aspect result of neuroaxialblocks within the medicine patient. Spinalfor cesarean is relatedto eightieth of cardiovascular disease cases while not prophylactic measures.²

Spinal cardiovascular disease will occur sharply and, if severe, may end up in vital perinatal adverse outcomes, like maternal nausea and ejection, vertigo craniate pathology and should be a vital tributary issue for maternal death associated with anesthesia.

Mothers with pre-delivery hypovolemia is also in danger of vessel collapse as a result of the sympathetic blockade could severely decrease blood vessel come back. Profound cardiovascular

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disease will probably result in serious drive and hypovolemia within the mother and therefore the vertebrate. As placental blood flow is directly proportional to the maternal force per unit area, the cardiovascular disease will result in to placental hypoperfusion and craniate physiological state leading to explained less craniate activity and cranial pathology.

So, hindrance of spinal cardiovascular disease has been a key analysis space at intervals the sphere of medicineanesthesia. To prevent spinal cardiovascular disease, variety of approaches is investigated like girdle tilt, leg elevation and wrapping, and therefore the prophylactic administration of fluids or vasopressors that square measure accustomed cut back the incidence of maternal cardiovascular disease. The utilization of vasopressors has gained increasing prominence because the primary technique for the hindrance and treatment of spinal cardiovascular disease throughout cesarean.³

There is a trend to bank additional on vasopressors than either crystalloid or mixture alone. Crystalloid pre-hydration has poor effectivity for preventing cardiovascular disease, in all probability as a result of it undergoes speedy distribution. As an alternate, speedily administering crystalloid at the time of initiation of physiological condition (called coloadng) is also additional physiologically applicable because the most result may be achieved throughout the time of block and resulting dilation evolution. Completely different vasopressors square measure unremarkably used now-a-days with varied degrees of success. Despite the utilization of prophylactic blood vessel (I.V. infusion or bolus bronchodilator for the last 3 decades, a good range of failures have additionally been reportable.⁴

Ephedrine has been the vasoconstrictive of selection since it's been shown to own a additional protecting result on female internal reproductive organ blood flow and introduction pressure than α -adrenergic agonists.⁵ However, bronchodilator is not any longer the old normal for prevention and treatment of cardiovascular disease once spinal for cesarean. Moreover, higher dose of bronchodilator causes vital maternal cardiac arrhythmia and cranial pathology.⁶

Newer proof has supported the utilization of alpha gonists like adrenergic demonstrating higher acid base standing and similar effectivity in force per unit area management. Hence, the current study was designed to check the vasoconstrictive effects of bronchodilator and adrenergic in bettering

cardiovascular disease in elective cesarean receiving crystalloid co-loading throughout intrathecal bupivacaine injection.

Materials and Methods

The analysis of "Comparison of bolus doses of bronchodilator and adrenergic on intra-operative hypotensive episodes throughout cesarean beneath spinal anesthesia" were allotted within the Department of Anesthesiology, Saraswathi Institute of Medical Sciences, Anwarpur, Hapur, Uttar Pradesh, India.

Inclusion Criteria

- ASA I and II denote for elective caesarean.
- All the patients WHO square measure willing to grant consent.
- Age cluster eighteen to *thirty five years*.
- Weight 40-70 kg.
- Height *one hundred fifty -160 cm*.

Exclusion Criteria

1. Patients not willing to grant consent.
2. Patients WHO have a past history of reaction to review medicine, major viscus, excretory organ or vessel dysfunction and any reason to central neuraxial blockade.
3. Patients having allergic to native anesthetics.
4. Patients having trauma coagulopathy.
5. Patients WHO were taking anti-emetic medication.
6. Fat patient.
7. Patients with physiological condition connected complications like vertebrate malpresentation, pregnancyinduced high blood pressure, physiological state diabetes and pts with pre-toxemia of pregnancy and toxemia of pregnancy.

Methods

30 patients were selected in present study. Once pre-anesthetic analysis and investigations, the patients were explained regarding the procedure, sophisticated written consent was obtained. normal pre-operative procedure was followed and final analysis important parameters were recorded. 18 G IV tube were secured and allotted

into 2 teams of fifteen every with pc generated information. cluster E were received blood vessel (IV) bronchodilator *five mg* and cluster P were received blood vessel (IV) adrenergic a hundred weight unit once there'll be fall in maternal pulse force per unit area (SBP) > 20% from the bottom line. In the operation theatre, routine monitors (electrocardiogram, non-invasive force per unit area, pulse oximeter), blood vessel access was secured. All the patients were co-loaded with Ringer wet-nurse *20 ml/kg*.

Spinal was given twenty three G Quincke needle in sitting position at the L3-L4 interspace. Once the free flow of humour (CSF) is obtained, *2ml (10 mg)* of zero. 5% Bupivacaine (heavy) were administered over zero. *2ml/sec*. Co-loading with speedy administration of *20ml/kg* of Ringer wet-nurse were started. Patients can then be placed within thesupine position, activity got via a Hudson mask at the speed of *three l/min*.

Sensory block were assessed by a pinprick take a look at. The onset of sensory blockade (defined because the time from the injection of intrathecal medicine to the absence of pain at the T8 surgical instrument were recorded each minute until the T8 level is achieved. Onset of motor blockade were assessed at *5-min* intervals until *fifteen min* (i.e., B5, B10 and B15) per the changed.

Bromage scale [0 - no motor block, one - inability to flex the hip [hip blocked], a pair of - inability to flex the knee [hip and knee blocked], three - inability to flex the articulation talocrural is [hip, knee and articulation talocrural is blocked]], shows in (Table 1).

Table 1: Sedation Scale: Sedation will be assessed by Ramsey Sedation Scoring

Level 1	Patient anxious and agitated or restless, or both
Level 2	Patient co-operative, oriented, and tranquil
Level 3	Patient responds to commands only
Level 4	Brisk response to a light glabellar tap or auditory stimulus
Level 5	Sluggish response to a light glabellar tap or auditory stimulus
Level 6	No response to stimuli mentioned in items 4 and 5

Blood pressure (systolic, beat and mean), heart rate, rate of respiration and peripheral gas saturation (SpO₂) are going to be recorded five min before the intrathecal injection (0) and at five, 10, 15, 20, twenty five and thirty min once the injection, and after each fifteen min. Arrhythmia (defined as rate of but 50) are going to be treated with blood vessel zero. *6 mg* spasmolytic sulphate. Patients

also will assessed for side-effects like nausea, vomiting, cardiovascular disease, arrhythmia, itching, abnormality.

Statistical Analysis

All the information were expressed as mean + American state, applied mathematics analysis were performed with SPSS version 17.0 for analysis of demographic comparison of teams, χ^2 , unmatched student's *t*-test and paired-*t*-test were applied. $p < 0.05$ were thought-about as statistically vital.

Results

The two teams, i.e., cluster one and cluster a pair of matched with relation to their age, weight and height shows in Table 2. Overall, 7/15 (46.66%) patients within the adrenergic cluster and 7/15 (46.66%) patients within the bronchodilator cluster had one or additional episode of cardiovascular disease and needed one or additional bolus of vasoconstrictive. the amount of rescue doses needed in cluster one and cluster a pair of was statistically insignificant shows in Tables 3 and 4. There was the next incidence of arrhythmia in patients receiving adrenergic than those receiving bronchodilator shows in Table 4.

The comparison of mean of rate in numerous interval in between teams. Compared with the baseline values, the amendment in mean rate among completely different intervals were found to be non-vital at any given time interval ($p > zero.05$) as shown in table on top of and shows the similar trends in between teams. Intra-operatively there was no arrhythmia recorded in each teams at any given interval. But the distinction in SpO₂ wasn't found be statistically vital among completely different study teams at any given time intervals ($p > 0.05$) shows in Table 5. The distinction in birth weight of neonates between the 2 teams was statistically insignificant. No neonatal had Apgar score shows in Table 6.

Table 2: Demographic data of Groups E and P

	Group E (n = 15)	Group p (n = 15)	p - value
Age (years)	30.17 ± 0.49	31.13 ± 0.51	0.58
ASA i:iii (n)	14:1	13:2	0.42
Weight (kg)	60.25 ± .80	68.26 ± 8.61	0.06
Height (cm)	153.29 ± 4.77	152.39 ± 5.23	0.51

n = Number of patients

Table 3: Heart rate recordings during various stages of anesthesia

Heart Rate	Group E	Group P
0 Minutes	79.20 ± 16.01	77.57 ± 14.40
5 Minutes	79.80 ± 11.47	75.57 ± 8.472
10 Minutes	81.97 ± 9.750	76.60 ± 11.83
15 Minutes	87.37 ± 6.990	84.20 ± 7.599
20 Minutes	86.37 ± 7.299	81.83 ± 10.95
25 Minutes	86.00 ± 10.00	80.50 ± 11.40
30 Minutes	86.60 ± 8.261	82.73 ± 8.081
45 Minutes	81.03 ± 10.36	77.23 ± 12.53
60 Minutes	85.07 ± 7.565	85.97 ± 11.43
75 Minutes	86.97 ± 6.990	83.63 ± 6.744
90 Minutes	86.37 ± 7.850	84.10 ± 20.50

Table 4: SpO₂ recordings during various stages of anesthesia

SpO ₂	Group E	Group P
0 Minutes	98.33 ± 1.241	98.30 ± 1.512
5 Minutes	97.90 ± 1.322	98.23 ± 1.135
10 Minutes	98.00 ± 1.486	98.27 ± 1.285
15 Minutes	97.07 ± 1.639	97.77 ± 1.278
20 Minutes	97.57 ± 1.524	97.77 ± 1.775
25 Minutes	97.63 ± 1.691	98.03 ± 1.629
30 Minutes	97.67 ± 1.583	98.17 ± 0.9129
45 Minutes	97.60 ± 1.734	98.10 ± 1.373
60 Minutes	98.23 ± 1.524	98.17 ± 1.053
75 Minutes	97.57 ± 1.675	97.83 ± 1.487
90 Minutes	97.47 ± 1.655	98.10 ± 1.494

Table 5: Comparison of parameters in between groups

Parameters	Group E (n = 15) (%)	Group P (n = 15) (%)	p - value
Hypotension (yes)	7 (46.66%)	7 (46.66%)	1.00
Hypotension (no)	8 (53.33%)	8 (53.33%)	
Bradycardia	0	2 (13.33%)	0.01
Nausea/Vomiting	4 (26.66%)	6 (40%)	0.15
Tachycardia	3 (20%)	4 (26.66%)	0.75

Table 6: Apgar score of the two groups at different time intervals

Parameters	Group E (n = 15)	Group P (n = 15) (%)	p - Value
APGAR (0 min)	7.73 ± 0.39	7.69 ± 0.41	0.767
APGAR (1 min)	9.11 ± 0.41	8.97 ± 0.49	0.252
APGAR (5 min)	9.08 ± 0.32	8.95 ± 0.31	0.249
Baby weight (kg)	3.068 ± 0.322	3.163 ± 0.334	0.781

Discussion

In the gift study, there was no statistically vital distinction within the incidence of cardiovascular disease with speedy administration of crystalloid at the time of induction of spinal (coload) in each the teams ($p > 0.05$). Moreover, the general incidence

of cardiovascular disease within the study population was forty eighth that was considerably less compared to the incidence (more than 80%) discovered in alternative studies.²

In this study, there was the next incidence of arrhythmia in patients receiving adrenergic than those receiving bronchodilator, this can be expected to ensue to extend in force per unit area with associate degree α -agonist which may result in reactive arrhythmia (baroreceptor reflex). However, this was tuned in to glycopyrrolate while not adverse consequences. The results of this study is in accordance with the studies of Nazir *et al.*⁷ (5/50 vs 17/50 within the adrenergic group) and Lee *et al.*⁸ [relative risk (RR) of four 79; ninety fifth confidence interval (CI), 1.47–15.60] with $p < 0.05$. On the opposite hand, the incidence of nausea and ejection was additional within the adrenergic cluster than the bronchodilator cluster 14/40 (35%) versus 9/40 (22.5%) in our study that wasn't statistically vital ($p = 0.16$).

In our study, the common vasoconstrictive consumption was reduced within the bronchodilator cluster compared to the adrenergic cluster, assumptive that the equivalent doses of bronchodilator and adrenergic were *five mg* and a *hundred μ g*, severally.⁹ The incidence of fall in force per unit area was most throughout the primary ten min following the sub-arachnoid block and that we discovered that vasoconstrictive use was most throughout this era. This corresponds to the immediate sympathetic block once intrathecal injection. We tend to additionally discovered that adrenergic was used additional of times in ten min compared to bronchodilator. It's clearly apparent by the broader SDs of mean SBP values within the adrenergic cluster however no applied mathematics vital distinction was discovered ($p > 0.05$). On the opposite hand, Ngan Kee *et al.*¹⁰ and Skilled worker *et al.*¹¹ opined that vasoconstrictive needs was reduced until the time of delivery in their studies. The common median dose was zero mg versus *ten mg* of bronchodilator ($p < 0.001$) within the study by Ngan Kee *et al.*¹⁰

Gunda *et al.*¹² compared the effectiveness and aspect effects of vasopressors bronchodilator and adrenergic administered for cardiovascular disease throughout cesarean beneath spinal. However, their study advised that adrenergic is also the additional applicable vasoconstrictive once considering maternal well-being. This could are because of less dose of bronchodilator (*3 mg*) that was utilized in their study as compared with this study.

Conclusion

We conclude from the current study that bronchodilator *five mg* and adrenergic a *hundred μ g* square measure equally economical in managing cardiovascular disease throughout spinal for cesarean. Maternal arrhythmia was additional within the adrenergic cluster and there was no distinction within the incidence of cranial pathology within the 2 groups. Neonatal outcome remains equally smart in each the teams.

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